



Something About Mary

Mary Milla's mission in life is to rid the business world of dull, lengthy, buzzword-filled presentations. She teaches clients how to translate their expertise into material that's engaging, understandable and persuasive. Mary's 20-year career in public relations, state government and TV news taught her that good stories and information often get lost in a lot of muck.

Mary offers presentation skills workshops to large groups, as well as on-camera coaching to small groups and individuals. Her method is easy and practical, designed to help busy professionals quickly prepare presentations and get back to their real jobs.

Mary is a native of St. Paul. She currently lives in downtown Minneapolis with her husband Mike and dog Coach. When not teaching people what to say and how to say it, Mary enjoys travel, cycling and loyally cheering for Minnesota's losing sports teams.

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